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Self-reported disordered eating as a predictor of internalizing and externalizing problems, impaired parent-child relationships, and deviating nutrition and sleep habits.

Predicted Variable (range)	Only Gender and SCOFF as Predictors		+ Depression as Control Variable		Gender, SCOFF, and Weight Status as Predictors		+ Depression as Control Variable	
	B SCOFF	95% CI	*B* SCOFF	95% CI	*B* SCOFF	95% CI	*B* SCOFF	95% CI
Depression (0-60)	8.96***	[6.92, 11.00]	—	—	8.34***	[5.99, 10.69]	—	—
Rosenberg Self-Esteem Scale (0-40)	-6.42***	[-7.96,-4.87]	-2.06**	[-3.28, -.85]	-6.59***	[-8.56, -4.96]	-2.96***	[-4.09, -1.83]
UCLA Loneliness Scale (0-18)	2.39***	[1.57, 3.21]	-.08	[-.69, .53]	2.38***	[1.43, 3.33]	.08	[-.56, .72]
Drug Use[a] (*M* = 0, *SD* = 4.6)	1.21**	[.31, 2.10]	.63	[-.30, 1.56]	1.33*	[.27, 2.39]	.78	[-.31, 1.86]
Physical Aggression (*M* = 0, *SD* = 3.3)	.90*	[.12, 1.68]	.49	[-.31, 1.29]	.75	[-.17, 1.67]	.35	[-.58, 1.28]
Support/Parental Affection (0-30)	-2.63***	[-3.68,-1.58]	.42	[-1.37, .53]	-2.97***	[-4.17, -1.77]	-.74	[-1.70, .23]
Psychological Control/Disrespect (0-24)	2.16***	[1.41, 2.91]	.66	[-.00, 1.33]	2.04***	[1.20, 2.87]	.63	[-.12, 1.37]
Parent Behavior Control (0-20)	.93*	[.06, 1.79]	.65	[-.25, 1.54]	.91	[-.10, 1.91]	.63	[-.39, 1.65]
Feeling Over controlled (0-20)	1.88***	[1.19, 2.57]	.85*	[.18, 1.52]	1.94***	[1.16, 2.72]	.96*	[.22, 1.71]
Structure by Other Person (0-11)	-.49*	[-.98, -.16]	-.38	[-.89, .13]	-.68*	[-1.24, -0.12]	-.57	[-1.15, .01]
No Structure (0-11)	.33*	[.01, .66]	.18	[-.17, .52]	.48*	[.10, .87]	.33	[-.07, .72]
Satisfaction with Parental Relations (0-24)	1.87***	[-2.65,-1.08]	-.29	[-.99, .41]	-2.09***	[-2.99, -1.20]	-0.60	[-1.41, .21]
Enacting Autonomy (0-24)	.91*	[.17, 1.70]	.45	[-.38, 1.28]	1.04*	[.10, 1.97]	0.60	[-.33, 1.53]
Child Disclosure (0-16)	-1.34***	[-2.02, -.65]	-.37	[-1.04, 0.30]	-1.47***	[-2.26, -.68]	-.56	[-1.33, .20]
Child Secrecy (0-16)	1.85***	[1.15, 2.55]	.77*	[.10, 1.43]	1.85***	[1.06, 2.63]	.81*	[.07, 1.56]
No. Meals Weekday (0-9)	-.43**	[-.66, -18]	-.27*	[-.53, -.01]	-.49***	[-.78, -.20]	-.34*	[-.63, -.04]
No. Meals Saturday (0-9)	-.32**	[-.54, -.09]	-.20	[-.43, .03]	-.37**	[-.64, -.10]	-.26	[-.53, .01]
Fruit and Vegetables (*this row shows SCOFF-by-gender interactions*[b]) (0-18)	.99*	[.14, 1.83]	.90*	[.05, 1.74]	1.64**	[.44, 2.85]	1.60**	[.40, 2.81]
Total Sleep Weekday (0-24h)	-.45**	[-.72, -.19]	-.10	[-.36, .17]	-.54***	[-.85, -.24]	-.20	[-.51, .10]
Pediatric Daytime Sleepiness Scale (0-32)	2.77***	[1.69, 3.84]	.79	[-.25, 1.83]	3.17***	[1.92, 4.41]	1.31*	[.14, 2.49]
Total time of computer, TV, and mobile phone use (0->5h)	.99**	[.31, 1.67]	.12	[-.24, 1.19]	.82*	[.03, 1.62]	.34	[-.47, 1.14]

Note. SCOFF (sick, control, one stone, fat, food): screening instrument for disordered eating. The regression weight is the estimated difference between respondents exceeding the cut-off for possible disordered eating and respondents scoring below the cut-off. CI = Confidence Interval.

[a] Based on standardized items in order to account for their different seriousness.

[b] In conjunction with SCOFF main effects, boys but not girls with disordered eating ate more fruits and vegetables than their respective counterparts.

* *p* < .05, ** *p* < .01, *** *p* < .001