INTRODUCTION

Many phytoplankton groups have benthic resting stages, formed asexually or sexually. These stages are commonly known to provide short- or long-term survival, and may also contribute to natural dispersal by currents or when transported in ballast water tanks (Hallegraeff & Bolch 1992). The recruitment of vegetative cells into the water column from resting stages is most probably preceded by resuspension of bottom sediment. The potential of bloom initiation from resting stages is poorly examined, but a growing number of scientists have highlighted the importance of benthic life stages in terms of function and influence on water column dynamics (e.g. Raffaelli et al. 2003). After the germination, growth of cells is controlled by a number of different factors, such as temperature, light intensity, nutrient concentration, inter- and intraspecific competition, and predation (Ishikawa & Furuya 2004). Supplementary understanding of algal dynamics and life cycles, as well as knowledge of different environmental factors regulating algal growth and blooms, is necessary for more precise predictions of algal bloom events.

Some diatom species form benthic resting stages during their life cycle. Formation of diatom resting stages is usually initiated by adverse conditions, like nutrient and light depletion, changes in salinity, or mechanical stress (Hargraves & French 1983, Sicko-Goad et al. 1989). Hence, to avoid the poor conditions in the water column, they sink to the bottom of the sea. There
they can remain viable for long periods (McQuoid et al. 2002), and can occasionally seed blooms (McQuoid & Godhe 2004). Diatoms have different kinds of resting stages, such as spores (hynospores), resting cells, and winter stages, but the ecological significance of the different stages is uncertain (Garrison 1981). The resting stages are formed by mitosis, with or without cytokinesis and attendant valves involved. The process is usually asexual, but there are exceptions with spores originating from sexual auxospores (McQuoid & Hobson 1996). Resting spores differ from vegetative cells in physiology and morphology, while resting cells are morphologically similar to the vegetative cells, but with physiological and cytoplasmic differences (McQuoid & Hobson 1996). We hereafter refer to these various types as resting stages.

A record of a specific species in a given area is preceded by any of the following: advection of the species from a neighboring area, growth of hidden flora, or resuspension and subsequent germination of resting stages. Frontal systems provide the physical facilities for vegetative cells to settle and function as potential propagules (Smayda 2002). It is possible that exponentially growing cells transported into the surface waters of an area immediately result in a large population (Godhe et al. 2002a). Some vegetative cells may survive stress in the given area, and these ‘fugitive cells’ (Kilham & Kilham 1980) can grow and accumulate once favorable conditions are re-established (Backhaus et al. 1999, 2003). Benthic resting stages may also act as an important inoculation source for initiating planktonic blooms. This phenomenon is known from neritic regions, in which accumulation areas of resting stages are present. From there they can be brought up to the surface water triggered by currents or upwelling (Tommasa et al. 2000).

In India, little work has focused on resting stages. Various dinoflagellate cysts have been detected from the SW Indian coast (Godhe et al. 2000, 2002b). In general, the tropics have a low density of dinoflagellate resting cysts compared to temperate waters, but on the other hand the diversity is higher (Godhe et al. 2000). Previously published information on the quantity and diversity of other phyttoplankton resting stages in the coastal sediment of the SE coastal Arabian Sea is, as far as we know, not available.

The aim of this mesocosm study, carried out in Mangalore, India, was to observe and compare the growth and species composition of tropical diatom phytoplankton assemblages seeded with different life stages. In previous studies, mesocosms have proven to be well suited for large-scale studies in many different environments (e.g. Brussaard et al. 2005). They enable replication, allow control of the examined system, and preserve natural conditions relatively well.

**MATERIALS AND METHODS**

**Study site.** Water surface temperature in the coastal Arabian Sea ranges from 26 to 30°C all year round, and salinity from 34 to 37 (Ramana et al. 1991). Fluctuations in phytoplankton biomass are small, and dense algal blooms are unusual (Segar & Harrihan 1989). In general, nitrogen constitutes the limiting nutrient for phytoplankton growth. The average annual ratio of major nutrients (N:Si:P) is 7:20:1 (Subrahmanyan & Sarma 1960). The SW monsoon, which prevails during June to September, induces coastal upwelling, and has a direct influence on the hydrography and productivity along the SW Indian coast. During the SW monsoon, nutrient concentrations rise, and as a consequence, rapid increases in chl $a$ concentrations are recorded (Shenoy & Patil 2002). Monospecies blooms are only recorded during this time of year (Subrahmanyan & Sarma 1960). The upwelling generated during the initial stages of the SW monsoon can trigger diatom blooms by resuspension and reintroduce diatom resting stages back into the euphotic zone (Rixen et al. 2000). During post-monsoon, the hydrographic conditions signify overall reduced nutrient concentrations, and a decrease in primary production. Chl $a$ concentrations in the coastal zone normally reach a maximum of 2 µg l$^{-1}$ during December to February. Diatoms dominate the phytoplankton community and sometimes constitute >95% of the total flora (Subrahmanyan 1958, 1959, 1960, Subrahmanyan & Sarma 1965). *Skeletonema costatum* and *Thalassiosira* sp. are the most abundant diatoms during this period (Shenoy & Patil 2002). In the state of Goa (400 km north of Mangalore), periodic blooms of diatoms have been reported during December and January (D’Souza et al. 2003).

**Mesocosms.** The mesocosm experiment was carried out at the College of Fisheries, Mangalore, India (12°52’N, 74°53’E). The experiment ran from December 28, 2005, to January 13, 2006, inside a covered hall. Sediment cores were collected on December 7, 2005, with a gravity corer 35 nautical miles offshore Mangalore, at a water depth of 30 m, and the cores were instantly sampled on the ship. Overlying water was carefully drained and the top 0 to 1 cm sediment layer was sub-sampled into a plastic jar. The sampled sediment was thereafter kept dark and cool (4°C) for 3 wk in order to reduce the numbers of viable vegetative cells. Sea surface phytoplankton were collected from the same location using several net tows (10 µm mesh size), pooled into a 20 l can, and kept in the dark. The chl $a$ concentration of the pooled net samples was estimated (Parsons et al. 1984) immediately upon return to the laboratory and used as a reference value for calculating the volume of inoculum for the mesocosms.
Seawater (36 PSU) from 10 km south of Mangalore was ozonated (Ozone Generator-alt 11, Coren) and 900 l were added to each of the 12 light blue cylindrical mesocosms (total volume 2000 l). Three mesocosms served as controls to exclude artefacts. The remaining mesocosms were inoculated with either 2.65 l of the plankton concentrate, 150 ml of the collected sediment, or both, with 3 replicates of each treatment as described below. The inocula were added to the mesocosms in a random order. The mesocosm water was constantly aerated using plastic hoses connected to a pump. Light intensity was 50 µmol photons m$^{-2}$ s$^{-1}$ at the water surface, and lamps were switched on during daytime to keep a 12:12 h light:dark cycle. To investigate if suspended matter influenced the light condition, the light penetration at half maximum depth (30 cm) was compared in plankton versus sediment mesocosms after mixing by stirring every 30 min for 5 h, by immersing a spherical light meter (Biospherical Instruments, Model QSL2101). A mesocosm pilot study carried out from December 10 to 20, 2005, with identical set-up, revealed low phosphate concentrations (0.02 µM). Since phosphate is normally not a limiting factor for natural phytoplankton growth in the area (Krishnakumar & Bhat 2007), and we wanted to simulate the natural conditions as closely as possible, phosphate was added daily to all 12 mesocosms until normal concentration was reached (i.e. 0.5 µM, reached on experiment Day 7).

The mesocosms were sampled every 2 to 3 d, until the chl $a$ concentrations were stationary or had declined. Every day the mesocosms were mixed by stirring. During sampling, 2.5 l were taken from the mesocosms using a ladle, transferred to black, light-protected bottles, and immediately processed in the laboratory.

**Inocula.** The net tows were examined using an inverted light microscope (Zeiss Axiovert 25) to ensure that cells were in a vegetative stage and in good condition. No resting stages were noted in the plankton inoculum. The sediment was analyzed microscopically for resting stages in 2 different ways, using standard procedures for the detection and identification of diatom resting stages (Method 1), and dinoflagellate cysts (Method 2). Method 1: an aliquot of known weight was added to filtered seawater, and subsequently settled in a 10 ml sediment chamber (Utermöhl 1958). Method 2: an aliquot of known weight was sonicated for 5 min in a Branson 1510 ultrasonic cleaner. Thereafter, the sediment was sieved through a 100 µm and a 25 µm Retsch stainless steel sieve (diameter 10 cm), using filtered seawater. Filtered seawater was added to the sediment captured on the 25 µm sieve and settled in a 10 ml sediment chamber. The counts from the 2 methods were pooled together to obtain a total concentration of phytoplankton resting stages (cells g$^{-1}$ wet weight) in the sediment inoculum.

The quantity of plankton inoculum was added to simulate a pre-bloom concentration (ca. 1.0 µg l$^{-1}$) of actively growing vegetative cells. After addition of the plankton concentrate, the chl $a$ concentration was estimated to 0.9 µg l$^{-1}$, which corresponds to a low-to-moderate concentration in the area offshore Mangalore (Krishnakumar & Bhat 2007).

The sediment inoculum was designed to simulate the resuspension of 5 mm sediment from a seafloor area of 1 m$^2$ and its even distribution through an average water column depth (ca. 30 m). To all the mesocosms with sediment inocula, i.e. 3 plankton plus sediment and 3 sediment mesocosms, 150 ml of surface sediment was added.

**Parameters analyzed in the mesocosms.** Water samples for analyzing environmental variables were collected at each sampling occasion in all 12 mesocosms, i.e. every second or third day. Inorganic nitrate, ammonia, and silicate were analyzed 4 times during the experimental period (December 28, January 2, 6, and 13).

The concentration of inorganic nitrate, ammonia, and silicate were monitored with Merck Spectroquant® kits and quantified in a spectrophotometer (Spectroquant® NOVA 60, Merck). Phosphate concentrations were quantified using the ascorbic acid method, and oxygen by Winkler’s titration, according to the Swedish Standardization (SS 028126 Determination of phosphate in water, SS-EN 25 831 Determination of dissolved oxygen–iodometric method, both in Swedish). Temperature, salinity, and pH were measured using a thermometer, refractometer (Erma), and pH meter (MKVI Systronics), respectively. Total viable bacterial counts (total plate count, TPC) were estimated by the spread plate method (Cook et al. 2000). Total bacterial counts were estimated by DAPI staining of formalin fixed samples (3%), following the standard protocols (Porter & Feig 1980). From each sample, 200 ml was filtered onto GF/F filters for estimations of chl $a$ concentrations. Chlorophyll was extracted in 7 ml of 90% acetone, and kept in 10 ml tubes overnight at 4°C. After extraction, 1.5 ml was centrifuged at 4000 rcf (2000 × g) for 10 min, and thereafter the concentrations were measured on a spectrophotometer (Shimadzu). Chl $a$ calculations were based on equations from Parsons et al. (1984).

A 200 ml subsample was preserved with Lugol’s solution for microscopic analysis of phytoplankton and potential grazers in an inverted light microscope at 200 to 400× magnifications. Samples of 10 or 50 ml were settled in sedimentation chambers (Utermöhl 1958). A minimum of 300 cells was counted in each chamber. Samples from sediment-inoculated mesocosms contained a large amount of inorganic particles, and could therefore only be settled in 10 ml chambers.
in order not to interfere with the phytoplankton species identification and quantification. At least 100 cells were counted in samples with very low cell densities. In cases when this number was not obtained with one single chamber, an additional 10 ml chamber was counted. Only physiologically active vegetative cells were recorded for the total cell count. Especially in the sediment-inoculated mesocosms, empty diatom frustules, or thecae and dinoflagellate cysts were encountered. These were not included in the total cell count.

Species identification was based on Subrahmanyan (1958), Subrahmanyan & Sarma (1960), Thomsen (1992), Tomas (1997), and Throndsen et al. (2003). Some species belonging to diatom genera such as *Pseudo-nitzschia* and *Skeletonema* can be correctly identified only by electron microscopy (Lundholm et al. 2002, Sarno et al. 2005). Identification by light microscopy of some species in other genera, e.g. *Thalassiosira*, has to rely on examination of acid-cleaned valves mounted in a medium of high refractive index (Hasle & Syvertsen 1996). Due to the large number of samples and species handled in this study, analysis by electron microscopy, with its specific cleaning and mounting of individual specimens, was unmanageable. Specimens attributed to a particular genus using light microscopy, and belonging to the same morphospecies, were denoted as, e.g., *Skeletonema* sp., *Thalassiosira* sp. When 2 unidentified morphospecies of the same genus were detected, they were numerically denoted as, e.g., *Pseudo-nitzschia* sp. 1 or *Pseudo-nitzschia* sp. 2.

Dimensions of all recorded taxa were measured, and biovolumes were calculated using formulas for the geometric shapes closely approximating the taxa (Sun & Liu 2003).

**Calculations and statistics.** Comparisons of phytoplankton development among inocula were made with single-factor ANOVA. Time was not included as a factor in the analysis. The comparisons were based on chl a concentrations, biovolumes, or diatom abundances from Days 1 to 17 among the types of inocula. To determine significant comparisons between pairs of inocula, t-tests were used. Significance level for the tests was defined as p < 0.05. To examine if any effects of artefacts existed, single-factor ANOVA, including the controls and all inocula, and pair-wise t-tests, including controls and any of the inocula, were performed based on chl a concentration.

Internal gradient analysis was used to trace community changes in the different treatments and to examine the relationships between composition of species and environmental factors. Canonical correspondence analysis (CCA) (CANOCO version 4.5, ter Braak & Smilauer 2002) was selected as the unimodal response model, since the gradient was more than 2 SDs. The CCA integrated 13 environmental variables and 47 taxa having over 2% relative abundance. The type of inoculum for each mesocosm can be represented by nominal variables, but these are not recognized by CANOCO; hence inoculum types were included as 2 dummy variables, ‘plankton’ and ‘sediment’, which were coded by 0 for no addition or 1 for addition. None of the data were weighted. CCA was run constrained to each environmental variable in turn to determine the amount of variation that can be accounted for by that variable. Samples for which all environmental data were available (48) were treated as active cases. The remaining samples (48) were treated as supplementary samples. Since CANOCO cannot determine the ordination axes significance, a Monte Carlo test was used to evaluate the significant relationship between environmental and species data. Significance of the CCA axes was tested with 199 permutations.

**RESULTS**

**Inocula**

Diatoms dominated the plankton inoculum, and the major taxa were *Chaetoceros socialis*, *Cylindrotheca closterium*, *Dactyliosolen phuketensis*, *Pseudo-nitzschia* sp. 2, *Skeletonema* sp., *Leptocylindrus danicus*, *Thalassiosira pseudonana*, and *Thalassionema nitzschioides*. The sediment inoculum contained various diatom resting stages and dinoflagellate cysts, as well as vegetative cells. The major taxa in the sediment inoculum were resting stages of *Chaetoceros brevis* (6%), *C. didymus* (6%) and *Chaetoceros* sp. (16%), *Fragilaria* sp. (20%), *Thalassiosira pseudonana* (2%), and *Thalassiosira* sp. (2%). Seemingly alive vegetative cells of *Actinocyclus ehrenbergii*, *Odontella mobilensis*, *Coscinodiscus radiatus*, *Coscinodiscus* sp. 3, and *Pleurosigma* sp. were recorded in small numbers (17 to 67 cells of each taxa g⁻¹ wet weight). Dinoflagellate cysts of *Diplopsalis* sp. (1%), *Oblea* sp. (1%), *Protoperidinium avellana* (1%), *P. claudicans* (1%), *Protoperidinium* spp. (1%), *Scripsiella trochoidea* (25%), and *Spiniferites* sp. (11%) were recorded. The total concentration of diatom resting stages and dinoflagellate cysts was 1050 cells g⁻¹ wet weight.

**Environmental conditions**

The light condition of the water column of the mesocosms inoculated with only plankton was 88% of the light provided at the water surface of the mesocosms. Immediately after stirring the sediment-inoculated mesocosm, the light conditions in the water column of
the mesocosms were 55%. After 1 and 2 h, the light conditions in the water column were 74 and 82%, respectively. By adding sediment, the bottom of the sediment-inoculated mesocosms was darkened. The spherical light-measuring device that we used detects light from all directions. Consequently, the recorded light penetration in the sediment-inoculated mesocosms was, even after 24 h, somewhat lower.

Minor changes in environmental conditions were noticed throughout the experiment, but no significant differences were recorded between the different mesocosms (Table 1). Minimal changes in temperature, pH, O₂, and salinity were observed in all mesocosms. Nitrate and silicate concentrations in the mesocosms fluctuated moderately during the experimental period. The ammonium concentration of the pre-sterilized water increased from 11 µM to ca. 40 µM in the plankton and plankton-plus-sediment mesocosms, and to ca. 60 µM in the sediment and control mesocosms. Phosphate was the fastest consumed inorganic nutrient, and was therefore monitored daily. A steady phosphate concentration of 0.5 µM was attained on experiment Day 7 after daily addition. Thereafter no phosphate was added. The increase of the total viable bacteria (TPC) was comparable in all mesocosms. The total bacteria was initially 5- to 7-fold higher in the sediment-inoculated mesocosms. At the end of the experiment, the sediment-inoculated mesocosms displayed a 2- to 4-fold higher concentration of bacteria (cells ml⁻¹) compared to the control and the plankton mesocosms (Table 1).

**Chl a, biovolumes, and cell abundances in mesocosms**

The initial chl a concentrations (experiment Day 1) were measured to 0.32–0.82 µg l⁻¹ (Fig. 1A). In the

<table>
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<th>Variable</th>
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<th>Sediment</th>
<th>Control</th>
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<td>End</td>
<td>Initial</td>
<td>End</td>
</tr>
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<td>23</td>
<td>22</td>
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<td>NO₃ (µM)</td>
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<td>SiO₂ (µM)</td>
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<td>1528</td>
<td>12000</td>
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<td>Total bacteria (cells ml⁻¹)</td>
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<td>0.67</td>
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Fig. 1. Growth of phytoplankton population in mesocosm experiment. (A) Chl a concentrations. (B) Biovolumes. (C) Diatom cell abundance. P+S = plankton plus sediment, C = Control, P = Plankton, S = Sediment. C has been left out in (B) and (C) for clarity. Symbols are mean ± SD (N = 3)
plankton mesocosms, initial chl a concentrations were low, but increased until a maximum was reached on Day 8. Thereafter the chl a concentrations declined rapidly. The mesocosms with plankton plus sediment attained a chl a maximum concentration on Day 8. After Day 8, a moderate decline in chl a concentration followed. In the sediment mesocosms, the maximum chl a concentration was recorded on Day 6. Algal growth was detected in the control mesocosms (Fig. 1A). Contamination could have been introduced by incomplete ozonation of experimental water, insufficient cleaning of the empty mesocosms before the start of the experiment, or cells from the surrounding inoculated mesocosms being transported via aerosols to the controls. *Entomoneis* sp. was the dominating taxon in the controls, and specimen of this taxon in the inoculated mesocosms might have constituted a contamination. Abundances of *Entomoneis* sp. were therefore excluded from all statistics.

Since cellular chl a content can vary with light conditions and cell physiology, and cell concentration is often dependent on cell size, i.e. small cells reach higher concentrations than larger cells, we also calculated the changes in biovolumes with time (Fig. 1B). Diatoms dominated the phytoplankton communities in all mesocosms, irrespective of inocula. The graph displaying biovolumes is similar to the diagram of diatom cell abundances (Fig. 1C). The onset of phytoplankton growth in the sediment-inoculated mesocosms lagged behind compared to the mesocosms inoculated with plankton (Fig. 1B,C). The highest biovolumes and diatom abundances in the plankton mesocosms were observed early during the experiment (Day 6), compared to a week later (Day 13) in the sediment mesocosms. Diatom cell abundances in the plankton mesocosms reached a maximum on Day 6 and declined thereafter (Fig. 1C). In the plankton-plus-sediment mesocosms, 2 distinct biovolume and diatom abundance maxima were observed (Fig. 1B,C). The maximum abundance on Day 6 was followed by a smaller peak on Day 13. The sediment mesocosms displayed low biovolumes and diatom abundances during the initial part of the experiment, and did not reach the maximum cell abundance until Day 13.

Control mesocosms were significantly different from any of the inoculated mesocosms based on chl a concentrations (p < 0.01, single-factor ANOVA and pair-wise t-tests), thus any artefacts could be excluded. Phytoplankton population development in the mesocosms among the types of inocula based on chl a concentrations and biovolumes were significantly different (p < 0.05, single-factor ANOVA). The development of diatom abundances was not significantly different among the 3 inocula types (p = 0.11, single-factor ANOVA). Based on diatom abundances, pair-wise t-tests were significantly different (p < 0.01) between plankton, and plankton-plus-sediment mesocosms, versus sediment mesocosms during the first half of the experiment (Days 1 to 8). Plankton mesocosms were significantly different from plankton-plus-sediment and sediment mesocosms (p < 0.05, pair-wise t-tests) during the second half of the experiment (Days 10 to 17).

**Species proportions**

High species diversity was noticed throughout the experiment. The 12 most frequently occurring taxa were present in all the mesocosms, but proportions changed over time depending on type of inocula.

Mesocosms inoculated with plankton only had initially similar proportions of the most common taxa (Fig. 2A). Towards the end of the experiment, *Skeletonema tropicum* was the dominating species. After Day 6, proportions of *Thalassiosira pseudonana* and *Chaetoceros socialis* declined. *Thalassiosira* sp., *Skeletonema* sp., and *Odontella* sp. disappeared on, or shortly after, Day 10.

Plankton-plus-sediment mesocosms had initially a high diversity of species, but were less diverse and dominated by small flagellates at the end of the experiment (Fig. 2B). *Skeletonema tropicum*, *Skeletonema* sp., *Odontella* sp., and *Chaetoceros socialis* vanished after, or shortly after Day 6. *Thalassiosira pseudonana* and *Thalassiosira* sp. maintained a constant proportion of the population throughout the study.

Mesocosms inoculated with sediment only displayed a different community structure. Few of the dominating taxa had large initial relative abundance (Fig. 2C). *Thalassiosira pseudonana* and *Thalassiosira* sp. maintained continuous proportions of the species assemblages throughout the experiment, while *Chaetoceros socialis* disappeared after Day 13. The proportion of *Odontella* sp. declined during the second half of the study.

**Abundances of major diatom species**

*Thalassiosira pseudonana* was initially most abundant in the plankton mesocosms (Fig. 3A), whereas the abundances were lower in the plankton-plus-sediment and the sediment mesocosms. After Day 1, it gradually declined in the plankton mesocosms. The highest record of *T. pseudonana* occurred on Day 6 of the experiment in the mesocosms inoculated with plankton plus sediment. A later density peak on Day 13 in the plankton-plus-sediment mesocosms coincided with the highest abundance
Thalassiosira sp. was initially most abundant in the plankton mesocosms, whereas the abundances were much lower in the plankton-plus-sediment and the sediment-inoculated mesocosms (Fig. 3B). After Day 1, it rapidly declined in the plankton mesocosms. The highest record of Thalassiosira sp. abundances in the plankton-plus-sediment mesocosms occurred on Day 6 of the experiment. On Day 13, the highest abundances were recorded in the sediment mesocosms, which coincided with a second density peak in the plankton-plus-sediment mesocosms.

Highest abundances of Skeletonema tropicum in the plankton and plankton-plus-sediment mesocosms were recorded at the start of the experiment (Fig. 3C). The abundances in the sediment mesocosms were initially low, and remained low or below detection level throughout the experiment. After Day 1 (plankton mesocosms) and Day 3 of the experiment (plankton-plus-sediment mesocosms), the abundances of S. tropicum declined. On Days 15 to 17, higher abundances were again recorded in the plankton mesocosms.

Highest abundances of Skeletonema sp. were recorded on Day 1 of the experiment in the plankton-plus-sediment mesocosms and on Day 3 in the plankton mesocosms (Fig. 3D). Thereafter the density declined in the plankton and plankton-plus-sediment mesocosms; however, it was more rapid in the plankton mesocosms. The abundances of Skeletonema sp. in the sediment mesocosms was low or below detection level throughout the experiment.

Good growth of Chaetoceros socialis was only recorded in the plankton mesocosms (Fig. 3E), whereas the growth in the sediment and plankton-plus-sediment mesocosms was poor. Initial cell densities were similar in the 3 treatments. After Day 1, the abundances in the plankton-plus-sediment and the sediment mesocosms were low or below detection level. The abundances of C. socialis increased in the plankton mesocosms and reached a maximum on Day 6 of the experiment, but thereafter the abundances rapidly decreased also in the plankton mesocosms.
Canonical correspondence analysis

The CCA was significant \((p = 0.005, \text{Monte Carlo})\). Eigenvalues of axes 1 \((\lambda_1 = 0.45)\), 2 \((\lambda_2 = 0.26)\), 3 \((\lambda_3 = 0.13)\), and 4 \((\lambda_4 = 0.11)\) explained 33.3\% of the cumulative variance in species data, and 72.2\% of the relationship between species and environmental data (Table 2). The ranks of the environmental variables contributing to this model were (1) sediment, (2) PO\(_4\), (3) total bacteria, (4) chl \(a\), (5) temperature, (6) salinity, (7) O\(_2\), (8) pH, (9) plankton, (10) TPC, (11) NH\(_4\), (12) NO\(_3\), and (13) SiO\(_2\). The CCA showed a high correlation between silicate and nitrate, and between temperature, salinity, and pH, whereas the correlations between the other variables were moderate to low (Table 3). The values of the inflation factors (VIF) were low (<7), except for total bacteria (<10), and suggest that each one of the environmental parameters adds new information to the analysis. VIF is related to the multiple correlations among the environmental variables. The species-environmental correlations for axes 1 \((0.94)\), 2 \((0.91)\), 3 \((0.93)\), and 4 \((0.75)\) were high.

Inoculum type appears in the CCA biplot based on their species composition and association to the environmental variables (Fig. 4). The length of the environmental arrows and their orientation on the biplot indicate their relative importance to each axis. Environmental arrows represent a gradient, where the mean value is located at the origin, and the arrow points in the direction of its increase.

The affinity of the major taxa in relation to inoculum and environmental variables differed. *Thalassiosira pseudonana* and *Thalassiosira* sp. were abundant in both inocula and thus are located near the center of the biplot (Fig. 4). *Skeletonema tropicum* and *Skeletonema* sp. had a high affinity to the plankton-inoculated mesocosms. *S. tropicum* displayed a relatively higher affinity than *Skeletonema* sp. A majority of all Chaetoceros species were located on the right side of the biplot, and thus were more common in the plankton-

Table 2. Interset correlations of environmental variables with axes. \(\lambda\): eigenvalue for each axis; TPC: total plate count

<table>
<thead>
<tr>
<th>Variable</th>
<th>Axis 1 ((\lambda_1 = 0.45))</th>
<th>Axis 2 ((\lambda_2 = 0.26))</th>
<th>Axis 3 ((\lambda_3 = 0.13))</th>
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<td>NH(_4)</td>
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<td>0.359</td>
<td>-0.368</td>
<td>0.042</td>
</tr>
<tr>
<td>NO(_3)</td>
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<td>0.179</td>
<td>-0.294</td>
<td>0.228</td>
</tr>
<tr>
<td>SiO(_2)</td>
<td>0.036</td>
<td>-0.065</td>
<td>0.256</td>
<td>-0.023</td>
</tr>
<tr>
<td>O(_2)</td>
<td>0.294</td>
<td>0.055</td>
<td>-0.334</td>
<td>0.441</td>
</tr>
<tr>
<td>Salinity</td>
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<td>0.296</td>
<td>0.415</td>
<td>-0.366</td>
</tr>
<tr>
<td>pH</td>
<td>-0.084</td>
<td>0.428</td>
<td>-0.206</td>
<td>-0.21</td>
</tr>
<tr>
<td>Temperature</td>
<td>0.192</td>
<td>-0.376</td>
<td>0.586</td>
<td>-0.262</td>
</tr>
<tr>
<td>Total bacteria</td>
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<td>-0.032</td>
<td>-0.303</td>
<td>0.256</td>
</tr>
<tr>
<td>TPC</td>
<td>-0.271</td>
<td>0.364</td>
<td>0.104</td>
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</tr>
<tr>
<td>Plankton</td>
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<td>-0.089</td>
<td>-0.19</td>
<td>-0.106</td>
</tr>
<tr>
<td>Sediment</td>
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<td>-0.077</td>
<td>-0.075</td>
<td>0.201</td>
</tr>
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inoculated mesocosms, even though many species of this genus have resting stages, and some of these were abundant in the sediment used as inoculum. Chaetoceros lorenzianus was an exception and appeared on the left side of the biplot, and was thus associated to the sediment inocula. Pseudo-nitzschia spp., a genus not known to form resting stages, was common in the plankton-inoculated mesocosms. Bacteriastrum furcatum, B. hyalinum, Ditylum brightwelli, Leptocylindrus danicus, and L. minimus were located on the right side of the biplot and had a high affinity to plankton-inoculated mesocosms, in spite of having previously documented resting stages. Several dinoflagellate species were found in the sediment mesocosms but all had low abundances. Other environmental variables appeared not to influence the frequency of the major species groups.

The arrow representing chl a concentration was closely associated with the arrow representing sediment inocula (Fig. 4). This is also illustrated in Fig. 1A, where chl a concentrations in the sediment mesocosms were high early in the experiment. The location on the left side of the biplot of large cells with many chloroplasts, such as Coscinodiscus spp., is a consequence of the environmental variable chl a (Fig. 4).

**DISCUSSION**

The present study demonstrated the importance of benthic resting stages in seeding the planktonic population and showed that the type of inoculum influences the development and the taxonomic composition of the phytoplankton community. The most significant effects of the inoculum types were the timing of the bloom and differences in species proportions. To our knowledge, no mesocosm studies on naturally occurring phytoplankton communities and their development have been performed along the SW coast of India before. The contribution of resting stages to phytoplankton blooms in the tropics is poorly investigated, but this study showed that resuspended resting stages are important for phytoplankton bloom dynamics in the area.

The onset of phytoplankton growth lagged behind in the sediment mesocosms compared to the plankton-inoculated mesocosms. This was a consequence of 2 different seeding strategies: (1) proliferation of vegetative cells originating from the plankton attaining exponential growth soon after inoculation, and (2) later germinated resting stages and subsequent growth. This is in accordance with a previous microcosm experiment in Scandinavia, where bloom development also was faster in plankton-inoculated microcosms (McQuoid & Godhe 2004). Diatom resting stages have no dormancy period, as is common among dinoflagellate cysts. However, they may show a 1 to 8 d lag period of growth compared to vegetative cells, which can grow almost immediately (Itakura et al. 1997, Kuwata & Takahashi 1999), which may then influence the timing of bloom development. Previous mesocosm experiments have shown that the size of the inoculum is also an important aspect in time required for bloom development (Pitcher et al. 1993, McQuoid & Godhe 2004). Diatom resting stages have no dormancy period, as is common among dinoflagellate cysts. However, they may show a 1 to 8 d lag period of growth compared to vegetative cells, which can grow almost immediately (Itakura et al. 1997, Kuwata & Takahashi 1999), which may then influence the timing of bloom development. Previous mesocosm experiments have shown that the size of the inoculum is also an important aspect in time required for bloom development (Pitcher et al. 1993, McQuoid & Godhe 2004). Diatom resting stages are generally less common in the tropics (Hargraves & French 1983), and moreover, the low dinoflagellate cyst abundances found in the study area (Godhe et al. 2000, 2002b) indicate that benthic resting stages in general may be less abundant compared to temperate waters. From this, it follows that the sediment inoculum contains fewer resting stages, and thus the lag period is prolonged.
The composition of the dominant species was similar in the different treatments, but their relative proportions changed over time with respect to the different inocula. Several species showed strong association with a particular inoculum type, which highlighted the importance of the inoculum in influencing the taxonomic composition of the plankton community. A microcosm study with different types of inocula previously performed in Scandinavia also showed different species compositions when seeded from benthos or plankton (McQuoid & Godhe 2004). Moreover, similar species composition in the sediment inocula and the different mesocosms indicates that the benthic resting stages seed populations of autochthonous species in the water column, and introduced species are of minor importance. Analogous patterns are supported by several studies in temperate waters, where similar species composition was found in sediment and plankton.
diatom resting stages in the sediment were recorded throughout the year, and seasonal cycles of diatom species in the plankton indicated autochthonous seeding (Pitcher 1990, Itakura et al. 1997).

Most mesocosm studies focus on one or just a few species (e.g. Brussaard et al. 2005, Patel et al. 2005), and how varying parameters affect their growth. Studies focusing on bloom development and succession within the natural phytoplankton community are less common, but these multi-species studies show that one or just a few species become dominant shortly after the initiation of the experiments (e.g. Aldredge et al. 1995, McQuoid & Godhe 2004). In the present study, the species diversity was maintained throughout the experiment, although the diversity in all inocula types decreased towards the end. This is probably a consequence of the fact that the natural phytoplankton community in the tropics generally displays high species diversity, and that single-species phytoplankton blooms rarely occurs (Subrahmanyan & Sarma 1960, Irigoien et al. 2004). Generally the chl a concentrations of all the mesocosms were low (<3 µg l⁻¹) in our study, which are normal conditions in the coastal Arabian Sea during December and January (Chaturvedi 2005). Low chl a values can be a result of high diversity since exclusive competition will be less (Duarte et al. 2006), which is in accordance with the overall results from our study.

Diatoms may employ a variety of seeding strategies for initiation of planktonic growth. Our results suggest that the strategies differ among species, which is reflected in the strong association of specific species to inocula type in the CCA. Moreover, our results further indicate that the one species may use the same, e.g. Thalassiosira pseudonana, or different, e.g. Chaetoceros socialis and Skeletonema sp., strategies in different parts of the world. Species belonging to the genus Thalassiosira are adapted to varying environments, and are dominant in both water column and surface sediment (Pedersen et al. 2005, Kasim & Mukai 2006). The resting stages contribute extensively by seeding the plankton in temperate waters (Itakura et al. 1997, McQuoid et al. 2002, Ishikawa & Furuya 2004). In Indian waters, Mitbavkar & Anil (2002) recorded vegetative cells of Thalassiosira in cultures established from sediment slurries. In our study, Thalassiosira declined in the plankton mesocosms, while in the plankton-plus-sediment mesocosms, 2 cell density peaks were observed. The last peak coincided with the highest recorded abundances in the sediment mesocosms, which indicates recruitment of resting stages from the sediment. Resting stages of Skeletonema are very successful in seeding blooms in temperate water (Itakura et al. 1997, McQuoid & Godhe 2004), but our experiment indicates that in coastal SW India, propagation by resting stages is not important. We recorded no resting stages in the sediment inoculum, and observed virtually no growth in the sediment mesocosms. Blooms of Thalassiosira have been recorded to have succeeded by blooms of Chaetoceros socialis (Booth et al. 2002). A similar scenario was recorded in the plankton mesocosms in our study. Resting stages of C. brevis, C. didymus, and Chaetoceros sp. were recorded in the sediment inoculum, but had no noticeable contribution to the vegetative community in the sediment mesocosms. The suggested explanation for these contradicting results is that germination of Chaetoceros spp. spores in the tropics might be triggered by some seasonal cue (McQuoid & Hobson 1996), although continuous germination of spores from the same genus have been recorded from temperate waters (Itakura et al. 1997).

In the present study, the steady concentration of silicate and nitrate despite diatom dominance in the mesocosms is puzzling. This can be explained by the low bacterial concentrations and the increased growth of flagellates with time. The low bacterial abundances suggest a significant predation by bacterivorous flagellates, which leads to remineralization of major nutrients (Azam et al. 1983). In addition, the nutrient concentrations can probably support much higher phytoplankton cell abundances, but the great species diversity recorded in all mesocosms will prevent any monospecific bloom, which is required to attain high cell abundance and subsequent nutrient depletion.

Unidentified small (<10 µm) flagellates increased towards the end of the experiment. Ciliates were the only potential predators on diatoms recorded in the mesocosms, but the proportions of these were low all through the study, ranging from 0.3% of the total abundance at the onset of the experiment to a maximum of 1.7%. This phenomenon, i.e. a shift from an autotrophic- to a heterotrophic-dominated community, is commonly observed in enclosures with small volume relative to its large surfaces. This is related to a variety of ‘wall-effects’ that can change the species composition (Chen & Kemp 2004). Another commonly observed artefact in mesocosms is the proliferation of benthic diatoms, mainly pennates, which are not regular members of the phytoplankton community (M. R. McQuoid & A. Godhe unpubl.). In that experiment, Nitzschia sp. and Navicula sp. were common but in similar proportions irrespective of mesocosm types. Limiting the mesocosm experimental time can minimize these type of artefacts. In our experimental system, we could see a shift from an autotrophic-dominated to a heterotrophic community, and therefore the experiment was terminated.

Chl a in the sediment mesocosms reached its highest concentrations early during our experiment, whereas...
the biovolume and the abundances of diatom cells in the same mesocosms were relatively low. Presence of large cells such as Coscinodiscus spp. were recorded in the Lugol's fixed samples from the sediment mesocosms, and might have contributed to the observed rise in chl a concentrations. Further, since many of these large cells were partially damaged and only actively growing cells were counted, they had no contribution to the estimated biovolume or total abundance of living diatom cells, but probably influenced the high initial chl a concentrations (Fig. 1A). Also, the sediment mesocosms had in general higher abundance of cyanobacteria, which also can be a factor in raising the initial concentration of chl a. However, due to the small volume of cyanobacteria, their effect on the total biovolume was minor.

Total cell abundances were comparable in all inoculated mesocosms, despite lower light penetration in the sediment-inoculated mesocosms. Accordingly, the phytoplankton growth in the plankton mesocosms was not assumed to be favored by better light conditions. Light conditions in standard operating protocols for diatom germination and subsequent growth are set to 40–50 µmol photons m⁻² s⁻¹ (Itakura et al. 1997, Kuwata & Takahashi 1999), comparable to the light provided in all mesocosms.

Although diatom resting stage formation is less common in tropical upwelling waters where nutrients are not often depleted (Hargraves & French 1983), our study has shown that resting stages may contribute significantly to the phytoplankton community of the SW coast of India. Formation of resting stages is often seasonal, and a rapid change of hydrographic conditions (nutrients, temperature, pH, salinity, or light) is required for the induction of diatom resting stages (McQuoid & Hobson 1996). Moreover, resting stages are, under natural conditions, often formed during or following periods of maximum vegetative division (Garrison 1981). Considering the annual variation in hydrographic parameters and phytoplankton biomass of the area we studied, the post-bloom conditions in August with reduced inorganic nutrients of the water column (Subrahmanyan & Sarma 1960) would constitute the most plausible time for diatom resting stage formation in the SE coastal Arabian Sea.

The resting stage is thought to mainly serve as a short-term survival strategy between intermittent blooms (Garrison 1981), and germination of distinct genetic clones adapted to different environmental settings could ensure species survival in unfavorable environments (Rynearson et al. 2006).

The germination of diatom resting stages is believed to be most affected by light (French & Hargraves 1985). The Secchi depth at coastal Mangalore is approximately 5 m, due to high turbidity, and therefore resuspension is required for germination. Tidal force is strong and is felt up to the 10 m depth contour, which corresponds to ca. 2 km from the shore (Segar & Hariharan 1989). The tidal currents could thus continuously seed the water column with resuspended resting stages, at least in the shallower parts. Most probably the strong SW monsoon, which induces upwelling along the coast, is the most important factor for resuspension, germination, and subsequent vegetative diatom growth from deeper areas. Primary production and diatom abundances are also known to be highest during this period of the year (Subrahmanyan & Sarma 1960). Benthic germination can be regulated by seasonal factors (McQuoid & Hobson 1996, Eilertsen & Wyatt 2000), and thus, diatoms in the region could be tuned for germination during SW monsoon upwelling.

The results from this study further confirm that benthic resting stages contribute by seeding the water column. Despite a presumed low density of benthic resting stages in tropical sediments, they can influence the phytoplankton community in the water column. Our results indicate that species composition can be altered if a population is seeded by resting stages or by planktonic cells.

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