Development and implementation of a need-based care model for persons who frequently visit psychiatric emergency rooms

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Aims
To develop, implement and pilot test a care model that is based on self-assessed needs in persons who frequently visit psychiatric emergency room.

Why
• A small group of individuals frequently visit psychiatric emergency rooms (PFV)
• PFV claim a considerable amount of resources
• There is a lack of knowledge with regards to self-assessed needs in PFV
• There is also a lack of care and support models focusing on meeting their needs

How
Participatory design using mixed methods:
• Start 2015 – ending 2021
• Register study
• Assessing needs and motives for seeking care at psychiatric emergency rooms
• Delphi model for focus groups interviews involving users, significant others, and professionals
• Testing of “the model”
• Evaluation of “the model” in relation to changes in the persons’ needs as well as and the use of care financial resources
• Research team including scientific areas of nursing/caring, public health, health economics and work organization
• Constantly ongoing communication of results

The research process of the project

Need assessment
Idea
In collaboration develop the model
Delphi model
Testing and evaluation the model in collaboration

Collaboration